



# Weekly Cleaning Checklist

*Room by  
Room*

## Daily Cleaning Tasks

- Make beds: A tidy bed makes the room look instantly cleaner.
- Wipe down kitchen counters: Prevent food stains and bacteria buildup.
- Sweep or vacuum high-traffic areas: Manage dirt, dust, and pet hair daily.
- Take out trash: Empty trash bins to avoid overflow and odors.
- Declutter surfaces: Clear countertops, tables, and desks of unnecessary items.



# Weekly cleaning tasks

## Kitchen

- Clean inside the microwave:** Remove food spills and splatters.
- Wipe down appliances:** Clean the outside of the fridge, oven, and dishwasher.
- Mop the kitchen floor:** Mop thoroughly to remove grease and dirt buildup.

## Living Room

- Dust furniture and electronics:** Pay attention to surfaces and behind electronics.
- Vacuum or sweep floors:** Clean the entire floor area, including under furniture.
- Clean windows:** Wipe down window glass and sills.

## Bathrooms

- Scrub the shower and tub:** Remove soap scum and mildew.
- Wipe down mirrors and sinks:** Ensure mirrors are streak-free, and sinks are spotless.
- Disinfect the toilet:** Clean the bowl and wipe down external surfaces.

## Bedrooms

- Change bedding:** Wash and replace sheets, pillowcases, and blankets.
- Dust surfaces:** Wipe down dressers, nightstands, and shelves.
- Vacuum or mop floors:** Clean under the bed and other furniture for a thorough clean.



## Monthly Cleaning Tasks

- Clean the oven:** Use an oven cleaner or self-cleaning function to remove grease.
- Wipe down baseboards:** Dust and clean baseboards throughout the house.
- Dust ceiling fans:** Clean the blades to prevent dust circulation.
- Deep clean carpets/rugs:** Shampoo or steam clean to remove deep-seated dirt.



# All a bit too much?

Let XYZ Cleaning Services check these boxes for you. Our work is delivered by a team of professional, diligent and trustworthy staff and is backed by 100% customer guarantee.

## HOW IT WORKS

- 1** GO to [XYZCleaningServices.com](http://XYZCleaningServices.com) or call to (203) 349-6968

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- 2** Tell us your home's details: We'll give you an estimate based on your home, preferred date and cleaning add-ons.

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- 3** Book your service: We'll confirm your booking and keep you updated on arrival times

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- 4** Cleaning team works their magic!: Leaving you with a clean and sparkling home.

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