



# Kitchen Cleaning Checklist

*Room by  
Room*

## Daily Cleaning Tasks

- Wash dishes: Clean all dishes after every meal.
- Wipe countertops: Disinfect and wipe down countertops.
- Clean sink: Rinse and wipe sink after dishes.
- Tidy up clutter: Remove unnecessary items from countertops.
- Sweep floor: Sweep daily to remove crumbs and dirt.

## Weekly Cleaning Tasks

- Wipe down appliances: Clean exterior of refrigerator, microwave, stove.
- Clean microwave: Wipe inside and outside.
- Mop floors: Mop kitchen floors to remove grime.
- Disinfect high-touch areas: Focus on handles, knobs, light switches.
- Take out trash: Empty and clean trash bin.



## Monthly Cleaning Tasks

- Deep clean oven:** Use oven cleaner or self-cleaning function.
- Clean behind appliances:** Pull out the refrigerator, stove, and clean behind.
- Wipe cabinet doors:** Remove fingerprints and splatters from cabinets.
- Declutter pantry and fridge:** Discard expired food and reorganize.
- Clean light fixtures and exhaust fan:** Dust and wipe down.

## Quarterly Deep Cleaning Tasks

- Deep clean refrigerator:** Empty, remove shelves, and clean interior.
- Wipe walls:** Clean areas prone to splatter, like behind the stove.
- Clean grout and tile:** Use grout cleaner for backsplash and tiled areas.
- Descal coffee maker or kettle:** Use vinegar to remove mineral buildup.

## Seasonal Deep Cleaning Tasks

- Thoroughly clean oven:** Scrub stovetop, burners, and oven interior.
- Organize drawers and cabinets:** Remove items, vacuum crumbs, wipe organizers.
- Clean under sink:** Wipe cabinet under the sink, organize supplies.



# All a bit too much?

Let XYZ Cleaning Services check these boxes for you. Our work is delivered by a team of professional, dilligent and trusworthy staff and is backed by 100% customer guarantee.

## HOW IT WORKS

1

GO to [XYZCleaningServices.com](http://XYZCleaningServices.com) or call to (203) 349-6968

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2

Tell us your home's details: We'll give you an estimate based on your home, preferred date and cleaning add-ons.

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3

Book your service: We'll confirm your booking and keep you updated on arrival times

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4

Cleaning team works their magic!: Leaving you with a clean and sparkling home.

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